

# Zero to Three Secondary Prevention Initiative

## *aka Community-Based Collaborative Prevention Services*

### **Fiscal Year 2003 Outcomes<sup>1</sup>**

*Zero to Three Secondary Prevention (0-3) is an innovative, state-sponsored, collaborative, community-based initiative aimed at developing an integrated system of services for Michigan families with children ages 0-3 who are at risk of child abuse and neglect. 0-3 serves our more vulnerable populations, children at risk for developing disabling conditions due to child abuse and neglect. These children and families are typically not eligible for services in most human service agencies.*

The enabling legislation for the initiative is P. A. 294 of 1998 (Family Independence Agency), P. A. 161 of 2002 (State School Aid), and Public Act 296 of 2000 (Community Health) states that the 0-3 funds shall be used for grants to support community-based, collaborative, secondary prevention services designed to:

- ◆ Foster positive parenting skills
- ◆ Improve parent/child interaction
- ◆ Promote access to needed community services
- ◆ Increase local capacity to serve families at risk
- ◆ Improve school readiness
- ◆ Support healthy family environments that discourage alcohol, tobacco, and other drug use

The TaskForce on Community Preventive Services conducted a systematic review of scientific evidence concerning the effectiveness of early childhood home visitation for preventing several forms of violence. On the basis of strong evidence of effectiveness, the Task Force recommends early childhood home visitation for the prevention of child abuse and neglect.”

John R. Lutzker, Ph.D., Chief, Prevention Development and Evaluation Branch, Centers for Disease Control and Prevention, National Center for Injury Prevention and Control, Division of Violence Prevention. National Teleconference, January 7, 2004.

## **2003 Child and Family Outcomes<sup>2</sup>**

- 82.5% of Families served have a Primary Health Care Provider.
- 76.5% of Children served are up-to-date with age appropriate immunizations.
- 71.8% of Children served are up-to-date with well-child visits.
- 75.7% of Pregnant Women served received the recommended number of pre-natal visits.
- 94.4% of Children participating in developmental screening met age-appropriate milestones.
- 79.1% of Children not meeting developmental milestones were referred for appropriate services; 93.0% of these families followed through with the referral.
- 94.3% of reports show that families are satisfied with *Zero to Three Secondary Prevention Services*<sup>1</sup>.

**“Michigan law enforcement leaders are calling for greater investments in prevention to protect children from abuse and neglect, save taxpayers’ dollars, and make all Michiganders safer.”**

**K. P. Pelleran, State Director. Fight Crime: Invest in Kids Michigan, 2004**

<sup>1</sup>Prepared in collaboration with the Michigan Department of Education, the Michigan Family Independence Agency, the Michigan Department of Community Health, and the Michigan Children’s Trust Fund.

<sup>2</sup>Data provided by 0-3 Programs Data Collection Forms submitted to the Michigan Children’s Trust Fund FY 2003.

## What is 0-3 Prevention?

The 0-3 initiative serves children and families who are **at risk of child abuse and neglect**. These families have at least one or more risk factors, known to have a high likelihood of leading to abuse and neglect, and are not currently involved with children's protective services. Examples of the risk factors for families may include: *living in poverty and homelessness, multiple crises or stresses, domestic violence, a history of abuse and neglect, mental illness, infants with chronic illness, low birth weight, teen parents, low educational attainment, developmental delays, inadequate support systems, single-parent families, or drug-exposure.*

A conservative estimate of the total direct and indirect costs for child abuse and neglect is estimated to be over \$258 million dollars everyday.

Fromm & Suzette. 2002. "Total Annual Costs of Child Abuse and Neglect in the United States: Statistical Evidence."



## How is 0-3 Funded?

The budget for 0-3 currently (FY 2004) has been decreased to \$4.7 million, precipitating a statewide bid process for selection of 36 program in 43 counties. Grantees must use service models proven to be successful in improving outcomes for children and families and participate in local and state evaluations to measure the effectiveness of 0-3 service projects. In FY 2003, 0-3 was supported collaboratively by funds from State School Aid (\$2 million) and the Family Independence Agency (\$4 million) totaling \$6 million dollars. In 2002, a loss of \$1.75 million from the Department of Community Health budget caused a reduction in the number of programs funded from 64 to 42. In 2001, \$7.75 million dollars was appropriated for 0-3 and funded 64 programs in 63 of Michigan's 83 counties.

## Prevention Services Save Money!

### Out-of-home Placement

\$5514/year/child

### 0-3 Secondary Prevention Program

\$337/year/child

Prevention programs lead to family stability that may prevent costly out of home placement. Although it is clear that 0-3 Secondary Prevention saves money, funding for the program has been significantly decreased over the past four years. Currently in FY 2004, programs suffered a 20% reduction in funding due to the overall decrease in program appropriations.

FY 2001  
\$7.75 Million

FY 2002  
\$6 Million

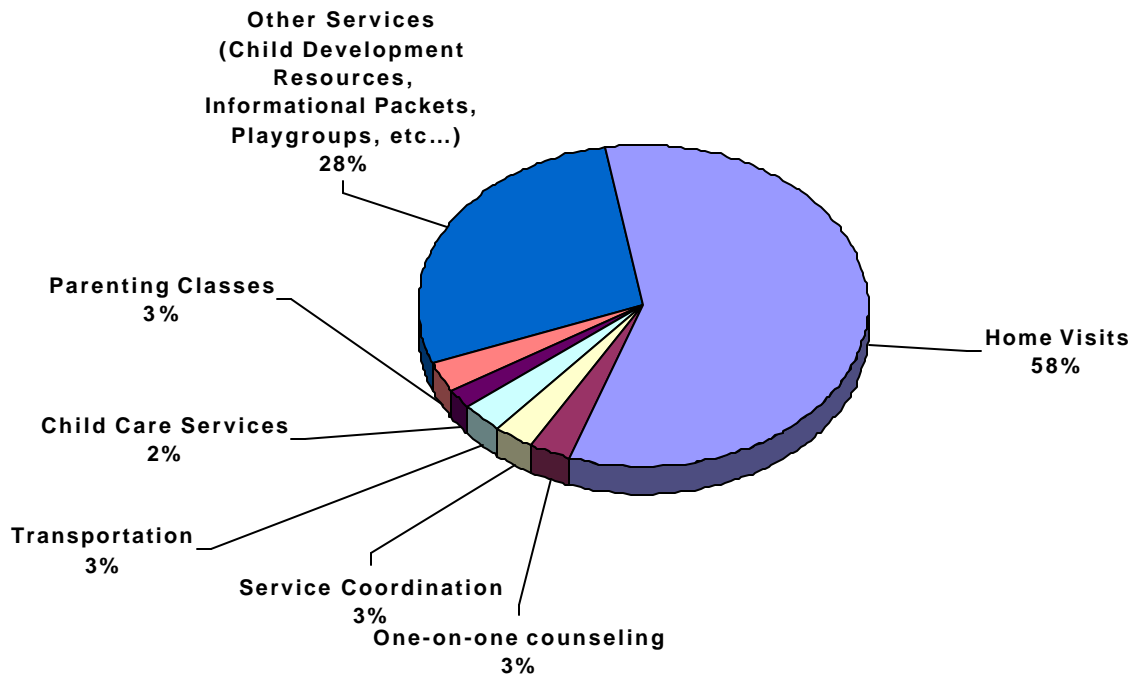
FY 2003  
\$5.52 Million

FY 2004  
\$4.7 Million

<sup>1</sup>Cost of standard Fostercare payment, child age 0-12. FY 2003 FIA Child and Family Services, fostercare payment FY 03 FIA Child and Family Services

<sup>2</sup>0-3 Data taken from FY 03 Program Registers

## Services Provided in 0-3 Funded Programs in Fiscal Year 2003



Michigan Children's Trust Fund, December 2003. Data collected from individual Program Registers FY03.

### All 0-3 Secondary Prevention Programs:

- ♦ Target and serve families, with children age 0-3, who have identified risk factors
- ♦ Target and serve families who do not have an active Child Protective Services case
- ♦ Operate the program based on a community plan for prevention
- ♦ Conduct an evaluation of the services
- ♦ Are voluntary

### Compelling Facts About 0-3 Secondary Prevention Programs

- ♦ A total of **17,817 families** were screened and **15,521 participated** in 0-3 programs.
- ♦ **100% of families served by the 0-3 are screened for risk factors** related to child abuse and neglect.
- ♦ Home visitors made **45,520 visits in 45 counties**.
- ♦ **100% of the 0-3 programs** provide or connect families with other resources in the community such as parenting classes and support groups, health services, nutrition, mental health services, basic needs items, housing, etc.
- ♦ 0-3 Programs are located in seven counties where the Children's Action Network has developed family resource centers in priority schools.
- ♦ **7,239 families** served have three or more risk factors for child abuse and/or neglect.



"Effective prevention programs that promote the safety and well-being of children and families hold potential for lessening the suffering and trauma experienced by children and greatly reducing these economic costs."

US Department of Health and Human Services, Administration for Children and Families. Child Maltreatment 2001, Published August of 2003.

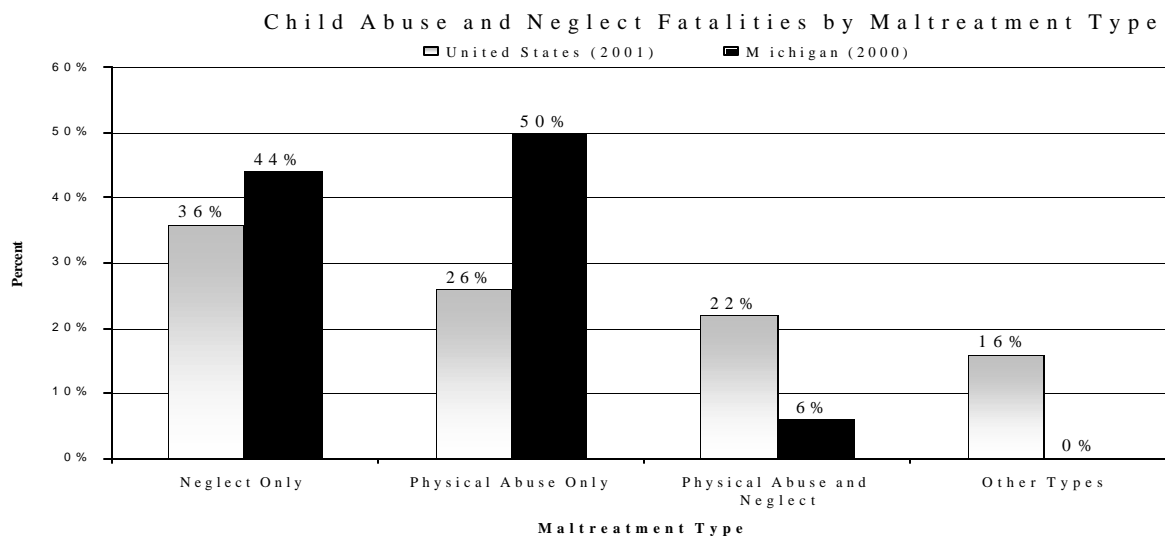
## Highlights from Local Evaluation Reports<sup>1</sup>

- The Barry Eaton District Health Department's Healthy Families America Program has shown, over a 5-year period, 98% of its participating families have not acquired Child Protective Services substantiations.
- The Charlevoix-Emmet Teen Collaboration Project had only one (2%) family receive a substantiated report of child abuse or neglect during the past fiscal year. Further, the highest number of teens in the history of the program, 13, graduated from high school this past year.
- Jump Start Family Outreach Program in Ingham County has reported that 100% of families responding to satisfaction surveys indicated that their parenting skills have increased as a result of participation in the program.
- 91% of parents participating in the Newaygo County Parents as Teachers Program have reported that their parenting skills improved as a result of the program.
- 92.5% of clients showed improvement in parent-child functioning and relationships following participation in the Fussy Baby Program in Oakland County.
- 92.9% of families served through the Skillman Parenting Matters Program in Oakland County did not receive a Child Protective Services substantiation in FY 2003.

<sup>1</sup> Data gathered from the local evaluation efforts of specific programs.

*"Prior to receiving weekly home visits from the Infant Mental Health Specialist from Oakland Family Services, I was almost at my breaking point. With the home visit program we received help specifically for us and our baby. It was extremely helpful having a specialist come to our home and help us learn what our baby was trying to tell us. We went from fighting and crying and not knowing what to do to having fun with our son. My husband and I are much more relaxed, rested, happy and confident parents thanks to our home visiting program."*  
*Letter from 0-3 home visiting program participant, January 2004.*

"To be effective, prevention efforts require an understanding of the types and causes of maltreatment and fatalities. Prevention and intervention activities must address the risk factors for maltreatment, and strengthen families and communities to create healthier environments for raising children. Prevention promotes the actions, thoughts and interactions that lead to familial well-being and the healthy, optimal development of children (Britton, 2001)."



✦ National Data for 2001 demonstrated children younger than 1 year accounted for 41 percent of fatalities, while children younger than 6 years accounted for 85 percent of fatalities. Michigan data demonstrates that children younger than 1 year accounted for 61% of all child fatalities.

✦ Almost all child fatalities (93 percent in 2001) are associated with physical abuse or neglect, as opposed to other types of child maltreatment. In 2001, more than one-third (36 percent) were associated with neglect alone. Physical abuse alone was cited in more than one-quarter (26 percent) of reported fatalities. Another 22 percent of fatalities were the result of a combination of physical abuse and neglect.

US Department of Health and Human Services, Administration for Children and Families. Child Maltreatment 2001, Published August of 2003.  
 Michigan Data compiled from FIA Protective Services Report to Prevent Child Abuse America, 2000.